



AIRMAN & FAMILY READINESS CENTER

MAY

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Pre-Separation Counseling 8 am - 12 pm PAFB Pre-School Play Group 10 - 11:30 am (location varies)	2 Key Spouse Forum 5:30 - 7:30 pm	3	4
5	6	7	8 Women, Infants & Children , 8 am - 12 pm PAFB Pre-School Play Group 10 - 11:30 am (location varies) TAP GPS , 8 am - 4:30 pm	9 Active Parenting of Teens 11:30 am - 12:30 pm	10 Peer to Peer Support Group for EFMP Families Deployed Family Dinner @ RDF , 5 - 6:30 pm Do It Yourself Plumbing Repair Made Easy , 6 - 7:30 pm	11
12	13	14 Deployed/Pre-deployed Families Hurricane Readiness Town Hall 5 - 6:30 pm @ Shark Center	15 EFMP Specialized Training of Military Parents (STOMP) Individualized Education & 504 6 - 7 pm PAFB Pre-School Play Group 10 - 11:30 am (location varies)	16	17	18
19	20 Newcomers Orientation 7:45 am - 4:30 pm Deployed and Pre-deployed Families Hurricane Readiness Town Hall 5 - 6:30 pm @ Shark Center	21	22 Women, Infants & Children , 8 am - 12 pm PAFB Pre-School Play Group 10 - 11:30 am (location varies) Networking Event 10 am - 2 pm	23 Smooth Move 9 - 11:30 am Active Parenting of Teens 11:30 am - 12:30 pm	24	25
26	27 Deployed Family Appreciation Dinner 6 - 7:30 pm	28	29 Pre-Separation Counseling 8 am - 12 pm PAFB Pre-School Play Group 10 - 11:30 am (location varies)	30 Key Spouse Training 8:30 am - 2 pm Baby Expo 4:30 - 6:30 pm	31	

CLASSES

PAFB Pre-School Play Group

Every Wednesday, 10 - 11:30 am
(location varies)

Email angela.chenoweth@us.af.mil for details.

Pre-Separation Counseling

May 1 & 29, 8 am - 12 pm

The mandatory Pre-Separation Counseling process represents the most holistic, personal, and extended component of TAP. Service members begin the final TAP process between 12 and 24 months but no later than 90 days prior to separation. Members receive in-depth counseling from trained and qualified TAP professionals allowing them to plan and prepare effectively for all aspects of transition.

Key Spouse Forum

May 2, 5:30 - 7:30 pm

The Key Spouse Forum is an event which brings all Key Spouses together to discuss current issues, stay up to date with current procedure, receive information about any recent changes and to get updated training.

TAP GPS

May 6 - 10, 8 am - 4:30 pm

Assists members pursue post-service goals and develop an individual transition plan to ensure that they meet the required career-readiness standards for separation. If your spouse would like to attend via Webinar, call 321-494-5675. Active Duty members are still required to attend in person.

Women, Infants & Children (WIC)

May 8 & 22, 8 am - 12 pm

Get access to healthy food, nutrition education & breastfeeding guidance. If you're pregnant, a caregiver or a mom with

a child under 5, you can get personalized support for you and your family.

Deployed Family Dinner at the Riverside Dining Facility

May 10, 5 - 6:30 pm

Free dinner every second Friday of the month for family members of deployed Active Duty and Reserve members.

Do It Yourself Plumbing Repair Made Easy

May 10, 6 - 7:30 pm

Have you thought about saving a little money and not pay a plumber for simple toilet repairs, like change a handle or flap, maybe find out why your toilet sounds like its running. Then join us and learn how to do simple repairs and start saving money.

Peer to Peer Support Group for EFMP Families

May 10, time determined at previous meeting. This reoccurring support group provides support, information and education to families of children of all ages who have disabilities or chronic illness.

EFMP Specialized Training of Military Parents (STOMP) - Individualized Education Program & 504

May 15, 6 - 7 pm. All about the IEP! When a child receives special education service under the Individual with Disabilities Education Act (IDEA), he/she must have an Individualized Education Program (IEP) which is a written education plan. The IEP is an important document in the educational lives of students with disabilities receiving special education under IDEA. If your child doesn't qualify for an IEP, he/she may still be able to get help through a 504 plan to ensure the school provides the proper support. Learn your rights as a parent of a child with a disability.

Active Parenting of Teens (session V)

May 9, 11:30 am - 12:30 pm.

Active Parenting of Teens (session VI)

May 16, 11:30 am - 12:30 pm.

Drugs, Sexuality and Violence: Reducing the Risks Part 1. Active Six-week course: Active Parenting - Learn methods of respectful discipline, skills for clear honest communication, strategies to prevent risky behavior and how to be an encouraging parent along with insight into important issues - teens online, bullying & depression.

Newcomers Orientation

May 21, 7:45 am - 4:30 pm

Mandatory for all newly arrived PAFB personnel. Active Duty members are still required to attend in person. If your spouse would like to attend via Webinar, call 321-494-5675.

Networking Event

May 22, 10 am - 2 pm

Networking is essential for career success, and it's always valuable to start building your network or expanding your professional connections by attending a networking event. You've heard the slogan "network, network, network", well this informal event will enable you to meet human resource people from various companies in Brevard county and for you to share with them why you are, what you do, and gain some valuable contacts and information that can help you in your job search. This event is limited to active duty members separating or retiring within the next 12 months.

Smooth Move

May 23, 9 - 11:30 am

Getting ready to go PCS, Separate or Retire,

then join us to learn about some of your entitlements such as financial, TRICARE< and Household goods.

Baby Expo

May 23, 3 - 6 pm

New parents - come join us for lots of fun, food, connection to local resources and giveaways. Community representatives include: Family Advocacy Parent's Support, Tricare, Child & Youth Programs, Chapel, FSS Activities, Airman's Attic, PAFB Pre-school Playgroup, Library, Exceptional Family Member Programs, School information, Women, Infants and Children (WIC), Military Family Life Consultant, Car Seat Safety/Assistance, Career Source Brevard/Spouse Employment, American Red Cross, Education and Training Office and child ID Safety resources. For Air Force Active Duty families only who have a newborn and attend the 15-minute "Bundles for Babies" class will receive a \$50 Air Force Aid Society Gift Card. The Bundles for Babies class will be offered numerous times during the event.

Deployed Family Appreciation Dinner

May 28, 4:30 - 6:30 pm

Free dinner/entertainment for family members of deployed Active Duty and Reserve members. Dinner is catered by one of our sponsors.

Key Spouse Training

May 30, 8:30 am - 2 pm

The initial Key Spouse training required after appointment by a unit commander. If interested in becoming a Key Spouse contact your unit commander or first sergeant.